

Consent form

(Adviser: assisted self-help)

To use with the Debt and Mental Health Evidence Form (Version 4)

Why have I been given this form?

We have given you this form because you:

- told us that you have a mental health problem; and
- said this mental health problem makes it difficult to repay your debt.

We have suggested that:

- evidence is collected about your mental health situation; and
- this is collected from a health or social-care professional who knows you (you can choose the professional).

The evidence will be used:

- by the company that you owe money to;
- to help them decide what to do about your debt.

What should I do with this form?

You should:

- 1 read this form** – it contains important information;
- 2 sign this form** – if you agree that evidence can be collected; and
- 3 follow the instructions** on what to do next.

If someone else looks after your money matters, they can sign this form for you.
(They will need to prove they are legally allowed to sign for you.)

Read me: important information

1

What evidence will be collected about me?

- Once you choose a health or social-care professional, they will be asked:
 - if you have a mental health problem that affects your ability to manage your money; and
 - whether they wish to provide any further information about your mental health situation.

Who will collect this evidence?

- You will need to collect the evidence (unless a debt adviser has told you not to because they are going to do this for you).

How long will my evidence be kept for?

- The Data Protection Act (2018) says it can be kept for as long as it is:
 - an accurate description of your situation;
 - relevant for the type of decisions that need to be made; and
 - up to date.
- If your information isn't accurate, relevant, or up to date, it should be destroyed.

Sign below if you agree that evidence can be collected

2

A Are you the person with mental health problems?

If yes, please write your contact details below.

BOX A

Name:

Address:

Phone:

B Are you filling in this form for someone else?

If yes, please write their details in Box A and your details in Box B below.

BOX B

Name:

Address:

Phone:

Please attach to this form a photocopy of your authority to act on this person's behalf.

C Please sign this form. Only sign this form if you agree that evidence can be collected.

I agree that a health or social-care professional can fill in the Debt and Mental Health Evidence Form about the mental health of the person named in Box A (above).

Signature:

Print name:

Date:

Follow the instructions below

3

Decide which health or social-care professional to ask for evidence.

This is your choice. You can ask a social worker, nurse, general practitioner (GP), psychiatrist, psychologist, occupational therapist, mental health therapist, or another qualified professional.

Then follow these steps:

Please give your health or social-care professional:

- a signed copy of this Consent Form;
- a Debt and Mental Health Evidence Form (blank, not filled in); and
- an envelope with your name, address and stamp on it.

What happens next?

The health or social-care professional will decide if they can fill in the Debt and Mental Health Evidence Form. They will send the filled in form back to you.

Then what?

You should send a photocopy of the filled in Debt and Mental Health Evidence Form to all the companies that you owe money to. They need to know about your situation.